



Good Shepherd Catholic Primary & Nursery School  
Dunley Drive, New Addington CR0 0RG  
Tel: 01689 841771  
Fax: 01689 843341  
Email: [office@goodshepherd.croydon.sch.uk](mailto:office@goodshepherd.croydon.sch.uk)  
[www.goodshepherdprimaryschool.co.uk](http://www.goodshepherdprimaryschool.co.uk)

Headteacher: Mrs Fernandes  
Deputy Headteacher: Miss Milmo

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Dear Pupils,

### RE: Healthy Living Research Project

To lead on from our healthy living week in school, I have got a challenge for you all. I would like you to research one of the following questions. You can use the internet, library books or information magazines. You can present your findings as posters, reports, information books, PowerPoints or videos. I also want to hear your opinions. Make sure you explain why you think something. We will be giving prizes for the best project from each class!

#### EYFS

- Can you share some of the ways you have fun exercising at home? – Take a photo of yourself doing an exercise.
- Can you make a healthy meal or snack that you enjoy and write or draw about it?

#### KS1

- Is winning the most important thing about sport?
- What skills can we learn from playing sport?
- What should we do if we are worried about something?

Make a poster or write me a letter explaining what you think and why.

#### KS2

- Is winning the most important thing about sport?
- What skills can we learn from playing sport?
- How can we look after our minds?

#### KS2: Current Affairs Questions □

- Should athletes ever break the rules to win?
- Should sportswomen be paid the same amount as sportsmen?
- Are super foods really that super?
- Should Shahid Khan be allowed to buy Wembley?
- Which sportsperson are you most inspired by and why?
- Is life all about succeeding, or about being happy?

This project is due in on **Monday 4th June** to your class teacher (first Monday back). I look forward to reading all of your homework. Surprise and inspire me! Have a good break.

Best wishes,

Miss Hart  
Healthy School Coordinator



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