



Good Shepherd

Newsletter

Friday 18th January 2019

Sleep

There is lots of research on the importance of children having enough sleep each night. I know that lots of children go to bed later during the holidays and weekends but it is so important for children to get to bed early enough on school nights so that they have a good night's sleep. The poster below identifies six benefits which will help your child at school.



Parking

Thank you to those parents who took note of the parking reminder last week and have stopped parking on the yellow zig-zags.

office@goodshepherd.croydon.sch.uk

01689 841 771

Clubs

It is lovely that so many children have been signed up for lunchtime and after school clubs. Please remember that all clubs must be paid for by Thursday 24th January on Parent Pay. Thank you.

Cold weather

Please remember to send your child to school every day with a coat, gloves and a hat as our playgrounds are very cold and exposed in this chilly weather!



Headteacher Awards

Well done to the following children who have worked so hard this week and had great behaviour:



Reception: Temi & Funmi

Year 1: Dajonne & Isaiah

Year 2: Ethan C & Kaiden

Year 3: Michael & Sebastian

Year 4: Jason & Bella-Rose

Year 5: Abel & Dylan

Year 6: Toyosi & Tomi

Sporting events

We have had two successful sporting events recently. Last Friday, a group attended Trinity for a hockey competition and a group of children played in another hockey competition yesterday. The children, as always, represent the school brilliantly and performed their very best.



Some of the new words we been learning this week

Year 1: waddle, breeding

Year 2: twilight, precisely

Year 3: fossil

Year 4: crucial, suffocate

Year 5: orbit, Diocese

Year 6: cataclysmic

Reception Height and Weight

Parents of Reception children should have received a letter this week with full details about this national check. If you do not want the school nurse to measure your child, you must opt out of this check.

Spanish

As I am sure you already know, every child from Reception to Year 6 at Good Shepherd learns Spanish each week. Mrs Maquieira, our Spanish teacher, has developed links with the Plurilingüe Calasancio School from Pontevedra in Spain to set up a letter-writing exchange programme.

The pupils from Year 4 at the Spanish school have written letters to our Year 3 and Year 4 pupils. This is a fantastic opportunity for the pupils to practise the language and have a real purpose for learning Spanish.



Fr Con's Reflection

As we all know only too well, our news is dominated more than ever now by BREXIT (the apparent imminent exit of Britain from the European Union).

So many words have been exchanged, and opinions expressed, over the last $2^{1/2}$ years on the subject, and never more so than in the last week or so.

BREXIT, as a subject, must be taken to prayer. The full range of its potential outcomes could have a very detrimental effect upon personal and family incomes.

Now, more than ever, we seriously need to pray about BREXIT.

Whoever first said that religion should be kept out politics could scarcely lay claim to having been realistic.

Politics originates from the Greek word for city (POLIS). Religion has to be in the heart of the city because religion goes to "the heart of the matter."



Attendance and Punctuality

Week commencing 7th Jan

100% attendance: no class

100% punctuality: Y2, Y3, Y4, Y5

Overall attendance: 97.3 %



Well done and keep it up!

Have a lovely weekend, Mrs Day