



# Good Shepherd Newsletter

Friday 3rd February 2023

## Free Holiday Club

We have been offered a free holiday club at Good Shepherd for children aged 7-10. This will be on Monday 13th and Tuesday 14th February. Please see attached poster for details of how to book your child a place.

## Safer Internet Day

Next Tuesday we will be celebrating Safer Internet Day at school. This is an opportunity to promote the safe, responsible and positive use of digital technology for children and young people.

This year's theme is 'Want to talk about it? Making space for conversations about life online'.



Mrs Vijapura, our computing lead has planned lots of activities for the children.

I have attached an online safety poster for all parents to reinforce with their children - it is never too early to start having these conversations with children.

**S**—safe—do not give out personal information.

**M**—meeting—it can be dangerous to meet some one you have met online.

**A**—accepting—accepting emails, messages, images from people you don't know can be dangerous.

**R**—reliable—information on the internet might not always be true.

**T**—tell—tell a trusted adult if something you see online makes you uncomfortable or worried.

## Inset Day on Friday 10th February

Please remember that school closes on Thursday next week as Friday is an inset day. School reopens after half term on Monday 20th February.

## Children's Mental Health Week

Next week is a busy week as it is also Children's Mental Health Week. We will be discussing in class ways we can support our mental health and our sense of wellbeing.

## Infant Lunches

All children in Reception, Year 1 and Year 2 are automatically eligible to receive a lunch at no cost to the parents.

There are a number of families whose children still bring packed lunches to school and so do not benefit from this.

With rising costs, why not make use of this freebie?



Please find attached the menus for the three-week cycle.

*Respect*

*Responsibility*

*Determination*

*Positivity*

*Teamwork*

### Headteacher and Kindness Awards

Well done to the following children who have worked hard, had great behaviour or have shown great kindness and thoughtfulness to others:

Headteacher Award:	Kindness Award:
R: Christabel, Festus,	Trisha
Y1: Benedict, Kieron, Mahmoud,	Mariyam, Mika
Y2: Avaeyah, Mateo,	Annaya
Y3: Chisom, John,	Joy, Yeabhne
Y4: Kacee, Saviour,	Johan
Y5: Abhay, Kelvin,	Ethen
Y6: Akintayo, Sienna,	Aviah



### Friends of Good Shepherd (FROGS)

If you have any unwanted gifts you could regift to the school that would be much appreciated. FROGS are organising a Mother's Day sale in March and need a large number of suitable gifts. Please drop off any gifts to the school office.



### You Are Not Alone

Do you have a child with additional needs? If so, there is a weekly support group on Wednesdays 9:30-11:00am at Selhurst Children's Centre. Please see attachment for more details.

### Hewitts

To celebrate the 160 year anniversary of their shop opening, Hewitts are offering 10% off everything online and in store 13th-18th February.

As a school, we have very little uniform with our logo on it, however, this is a good opportunity to buy your child a PE t-shirt, rucksack or jumper/cardigan if needed.

### School Lunches

Did you know that children all pre-order their lunches every morning on the iPad looking at photos of the food choices? If they have food allergies, any dishes which contain their allergen are automatically excluded so they cannot choose them by accident.

However, you can also look at the choices with your child at home and help them choose which is particularly useful if you know that your child is a little fussy.

To set up your parent account, go to the link: <https://relishschoolfood.co.uk/parents>

Once complete, you will be sent a message or email so you can activate your account.

### Fr Con's Reflection

Thursday of this school week (February 2<sup>nd</sup>) was the Feast known as CANDLEMAS- the Presentation of the baby Jesus in the Temple. It is 40 days after Christmas Day- inclusive of Christmas Day.



When Mary and Joseph took Jesus to the Temple, two elderly people, (Simeon & Anna) reveal truths on the future of both Jesus and Mary.

The connection between this Presentation and Candles, is that this child is to be the Light of the world, the Light to the nations.

Throughout February, and beyond, may His Holy Spirit always be the source of our ENLIGHTENMENT.

If you need to contact the office, please email or telephone **01689 841 771**  
[office@goodshepherd.croydon.sch.uk](mailto:office@goodshepherd.croydon.sch.uk)

*Have a lovely weekend  
Mrs Day*

*Learning together as part of God's family*