



Good Shepherd Newsletter

Thursday 8th February 2024

Online Safety

Especially over half term when children may be using devices more than in term time, please remind your children to:

THINK BEFORE YOU POST

Is it ...

True?

Helpful?

Necessary?

Kind?



Think – how would it make me feel if it was about me?

Remind them also to:

BE SMART ON THE INTERNET

S—safe—Keep safe by not sharing personal information when chatting or posting online.

M—meeting—Don't meet someone you have only met online. Online friends are still strangers.

A—accepting—Accepting and opening emails, files, pictures from someone you don't know can lead to problems as they may be nasty messages or contain viruses.

R—reliable—Someone online may lie about who they are and information on the internet may not be true.

T—tell—Tell an adult if someone or something makes you feel uncomfortable or worried.

Children's Mental Health Week

We have been thinking about how to keep a positive mental health this week in school.

In assembly this morning the children were told about the importance of getting outside every day in half term for their wellbeing.

Families, parents and carers can get involved too!

[Families - Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](http://childrensmentalhealthweek.org.uk)

The children looked wonderful on Monday in red, blue, green and yellow to represent our Zones of Regulation. The children find this system helpful in recognising how they are feeling and managing their emotions. This increased self-awareness and the strategies children can use to 'get back on track' is one of the many ways we support children's mental health.

Thank you for the donations towards HCPT, a charity that brings children with additional needs to Lourdes each year. We raised £80 this week for the charity.

Half Term Eating and Entertainment Ideas

Free February Family Festival at the Natural History Museum, for more information, visit nhm.ac.uk

Free Entry to the Science Museum, www.sciencemuseum.org.uk

Free IKEA colouring station

In addition, there are lots of offers at restaurants and cafes for free or reduced-price children's meals. IKEA, Bella Italia, TGI Fridays, Morrisons, Sainsbury's and the Harvester all have half term offers.

Respect

Responsibility

Determination

Positivity

Teamwork

Headteacher and Kindness Awards

Well done to the following children who have worked hard, had great behaviour or have shown great kindness and thoughtfulness to others:

Headteacher Award:	Kindness Award:
R: Junior, Oliver,	Taliyah
Y1: Emilia, George,	Festus
Y2: Lorelle-Rae, Haroon	Kristina
Y3: Naila,	Abhid, Zhyan, Esmerelda
Y4: Ivanna,	Imoleayo
Y5: Meegan, Tiammii,	Saviour, Temi
Y6: Abigail, Ezra,	Angela, Declan



Friends of Good Shepherd (FROGS)



Coffee morning

The next coffee morning will be on Thursday 22nd February 8:40am. Please see attached poster for more information. There will also be an online meeting at 8pm on the same day by Zoom (see attached poster for link).

Easter Competition

There will be an Easter egg decoration competition over the next few weeks.

Class Raffle

There are raffle tickets on sale after school for the class raffle. Tickets are £1 each or 5 for £2.

Mother's Day Stall

Please remember to continue sending in gifts for the Mother's Day Stall.

Lunchtime Supervisor Vacancy

We have a vacancy for 1 hour per day 12:00-1:00 Monday-Wednesday in Nursery.

The salary is £1,945.79 and the closing date for applications is 10am Tuesday 20th February.

Please speak to Ms Stephenson or Mrs Snow in the office for more information.

The role involves managing behaviour effectively to ensure a safe play environment, promoting children's wellbeing and encouraging children's communication skills.

This is an ideal way for a parent to gain some experience before looking for a teaching assistant role.

Fr Con's Reflection

Hopefully, everybody connected with our school will have a blest, safe and happy half-term during 8th-18th February.



On Wednesday 14th, the world will quite understandably be conscious of it being Valentine's Day.

Interestingly, it will also be Ash Wednesday, the opening day of the Holy Season of Lent.

Peaceful co-existence can prevail between these two "themes"- they are not mutually exclusive. (Valentine's Day won't always be on Ash Wednesday). Chocolates and flowers can still abound on Wednesday 14th February in 2024. After all, there will still be 39 days left in Lent after that day.

If you need to contact the office, please email or telephone **01689 841 771**
office@goodshepherd.croydon.sch.uk

Have a lovely half term. School reopens on Monday 19th February
Mrs Day

Learning together as part of God's family