



Good Shepherd Newsletter

Friday 11th June 2021

Are you are 'Rock Hero'?

Well done to these children who have reached the rock status of 'Rock Hero' on Times Tables Rock Stars showing that they know all of their times tables up to 12x12 and can answer at least 60 times tables questions in under one second!

Michael	Year 5
Oliver	Year 3
Josef	Year 4
Abigail	Year 3
David	Year 4
Stefan	Year 5
Kelvin	Year 3
David	Year 5
Jaden	Year 2
Khaian	Year 6
Aaron	Year 6

All children from Y2-6 should be regularly practising their times tables at home so they have rapid recall of all multiplication facts. Children can practise their times tables:

- On the TTRS website using a phone or tablet
- By writing out times tables facts
- Singing times tables songs (available on YouTube)

It doesn't matter how children learn their times tables but it would be great if more children could become Rock Heroes by the end of term.



Good Shepherd will be taking part in the London Rocks 2021 competition in the week beginning 28th June. The class which can answer the most times tables questions correctly in Greater London has the chance to get certificates and Amazon voucher—let's see if Good Shepherd can do better than other schools and win some prizes!

First Holy Communion

Congratulations to the following children who took an important step in their faith journey by making their First Holy Communion last Sunday:



Alysha Akshaya Kingsley
Mitchell Kelvin Azariah
Oliver Daniel Dajonne
Angela

Breakfast

There is a new 'Breakfast at Home' area on the Family Action website, where you will find lots of information, advice and recipes for providing a low cost, nutritious daily breakfast at home.



- Did you know that hungry children find it harder to concentrate?
- Did you know that eating breakfast is linked to doing better at school?

There are some lovely ideas of things to eat for breakfast on the link below, to make a change from toast or cereal:

<https://www.family-action.org.uk/content/uploads/2021/04/Recipe-booklet.pdf>

Many parents of primary aged children find getting their children ready in the mornings the trickiest time of the day. Family Action have got some top tips for a stress-free morning:

[Stress free morning - Family Action \(family-action.org.uk\)](https://www.family-action.org.uk)

Respect

Responsibility

Determination

Positivity

Teamwork

Headteacher and Kindness Awards

Well done to the following children who have worked hard or had great behaviour or shown great kindness and thoughtfulness to others:

Headteacher Award:	Kindness Award:
R: Marie, Maria	Josiah
Y1: Rukia, Uriel	Annette
Y2: Leonie, Reon	Ethan
Y3: Mezu, D'asia	Declan
Y4: Solliyah, Yasmin	Ethan S
Y5: Kaitlyn, Trinity	Otzara
Y6: Desika, Kosi	Nathan



Safeguarding

There is a national increase in sexting amongst 7-12 years olds. Sexting is when someone shares a sexual message, naked or semi-naked image, video or text message with another person. It doesn't have to be a nude image of them and could be an image of someone else.

It's important to talk to your child about the risks of sexting and let them know they can come to you if someone's pressuring them to send or share nudes, or if they're worried about something.

Get fully informed about sexting by visiting the nspcc website:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/sexting-sending-nudes/>

Pony Visit

Don't forget to return the permission slip for your child to stroke the ponies when they visit Good Shepherd. If you have mislaid the letter, please email the school office to request another copy.

Music Performance

Mr and Mrs Deacon came to school yesterday to perform the flute and trumpet to the children. It was a lovely opportunity for each class to listen to live music. If you would like your child to learn an instrument, please visit the Croydon Music & Arts website for more information:

www.croydonmusicandarts.co.uk/music-lessons



Fr Con's Reflection



This school week ends with the solemn feast of the SACRED HEART OR JESUS. Each year (except on Sundays), it is followed by the memorial, next day, of the IMMACULATE HEART OF MARY.

The whole month of June is dedicated to the Sacred Heart of Jesus.

It is a very popular picture in many homes across the world, and is always in colour.

(The corresponding picture of the Immaculate Heart of Mary is always in black-and-white).

There is an appropriateness in that fact because Our Lady always points to her Son rather than to herself.

Each of those pictures display the respective hearts as the dominant feature.

Therefore it is love for each and all of us that is being conveyed in each depiction – the love from God, displayed by Jesus; the love from Mary, the highest honour of the human race.

If you need to contact the office, please email or telephone **01689 841 771**
office@goodshepherd.croydon.sch.uk

Have a lovely weekend
Mrs Day