



Good Shepherd Newsletter

Friday 19th September 2025

Learning together as part of God's family

A Special Visitor

We were very lucky to have Dexter, a police therapy dog, visit Good Shepherd on Tuesday. He went around to all the classes and children had the opportunity to stroke him if they wished. Dexter was a lovely gentle and calm dog so it was lovely to have him for the afternoon. Thank you to Mrs Hall, our new pastoral lead, for organising this.



Start of the Year Mass

We brought forward a number of symbols at our Mass on Tuesday:

A Bible Crucifix representing the prayer life of the school.

An exercise book representing our learning and knowledge

A picture of children holding hands showing our friendships

A candle representing Jesus, the light of the world

The school crest showing we are all part of this school community.

A map of the world as a reminder that as members of God's family, we should always be aware of the needs of others.



Be kind and respectful

Pupil Leadership Team 2025-2026

I am delighted to announce this year's Pupil Leadership Team.

They have shown commitment to the school through being kind and respectful.

Head Boy & Girl: Yeabhne, Elianna

Deputy Head Boy & Girl: Atanas, Tiffany

Red House Captain: Aiden

Blue House Captain: Oscar

Green House Captain: Azariah

Yellow House Captain: Ademilola

House Point Announcer: Indiyana

Lead School Councillors: Messie, Olamide

Lead Chaplain: Sefaah

Harvest Collection

We are starting our annual harvest collection in school for the New Addington Food Bank.

The collecting table in the hall will start on Monday and continue up to and including Tuesday 14th October which is the date of our Harvest Mass.

The Food Bank are looking for:

Tinned vegetables (peas, potatoes etc.)

Tinned fish (tuna, sardines etc.)

Dried food (rice, pasta etc.)

Toiletries (toothpaste, shower gel etc.)

Are you able to buy an extra item in your supermarket shop for your child to bring to school?

Respect

Responsibility

Determination

Positivity

Teamwork

Headteacher and Kindness Awards

Well done to the following children who have worked hard, had great behaviour or have shown great kindness and thoughtfulness to others:



Headteacher Award:

R Aziah, Joseph,	Aidan
1 Isaiah, Nolan,	Chloe
2 Junior, Luis-Levi,	Ademilewa, Chizaram
3 Faustina, Joesiah,	George
4 Annabel, Mahmoud,	Ari'ah
5 Alina, Keziah-Rose,	Kyriacos
6 Atanas, Keziah,	Joy

Kindness Award:

FROGS Coffee & Cake Day!

Friday 26th September in the Hub.

A morning and afternoon of coffee, cake, and community spirit, all for a great cause!

Morning Coffee: 8:40am

Afternoon Coffee: 2.30pm.

Meet the PTA (Friends of Good Shepherd): Join us to hear about upcoming school events, share your ideas, and discover ways to get involved in supporting the school community.

Afternoon Cake Sale: 3:00pm – 3:30pm
Browse and buy our delicious variety of cakes. All proceeds go towards supporting school activities, resources and enriching experiences for our children.

Cake donations welcome, please drop them off at the school office on Thursday 25th.

Mrs Downing's SEND Bulletin

Another week over already! Time really is flying. Already the children are feeling tired.

Getting sufficient sleep has been shown to benefit memory, learning, attention, mood, behaviour and physical health.

Is your child getting enough sleep? How many hours does your child need?

Age 3 - 5years: 11 - 13 hours

Age 5 – 9 years: 10 - 11 hours

Age 10 – 11: 9 hours

It is important to create a good sleeping environment for your child. Their bedroom should be calm, dark, quiet and cool. Do not allow your child to watch TV or play computer games whilst falling asleep. These activities stimulate children and therefore do not promote sleep. Please give warning time for the putting down of tablets and phones. We want all our children to come to school ready to learn and to do their best as part of God's family. Please encourage and praise children with additional needs when they follow your instruction and remember to explain the "why" behind their bedtime routine.

If there are any parents who would like to talk to me or need any top tips for a good bedtime routine, please let the office know!

Fr Con's Reflection



On Tuesday of this week, our school and parish joined together in church for Mass, to mark the opening of another academic year.

After the Bidding Prayers, as is the case on every Sunday, we said the "HAIL, MARY..."

In its opening part, it describes Our Lady as "... FULL OF GRACE." She alone, of all members of humankind historically, merits this designation.

We, by contrast, are filled with God's grace and always will be, if we can remain ever open to allowing His Holy Spirit to so fill us.

In the second section of the "HAIL, MARY...", we should not take offence at being referred to as "sinners". This primarily means we are such, when contrasted with Mary, who was preserved sinless by God's grace before being conceived- for she is the Immaculate Conception.

She is our great intercessor before God's Throne, before the Holy Trinity. May she be our great patroness throughout this new school year.

Have a lovely weekend, Mrs Day