



Good Shepherd Newsletter

Monday 30th March 2020

Wellbeing

The NSPCC have produced lots of information about talking to a child who is worried about coronavirus (COVID-19)

“If your child is anxious or worried about coronavirus (COVID-19), there are things you can do to help. And if they're struggling with their mental health, we have advice to help you support them and keep them safe.

There's a lot of uncertainty in the world at the moment. And there won't always be answers to the questions your children are asking. But we can help you have these conversations in a safe and open way.”

Click on the link for more information:

https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/?utm_source=Adestra&utm_medium=email&utm_content=Talking%20to%20a%20child%20worried%20about%20coronavirus%20%28COVID-19%29&utm_campaign=CASPAR-2019-03-30

Home learning

Children should be doing a little work every day at home. Work has been uploaded onto the website and children can view it by clicking on the 'Pupils' tab.

Things I could do this week

There is a document in the pupils section of the website which gives some ideas of things to do. I will keep adding to this each week so encourage your child to regularly look here for new ideas of fun things to do.

Contacting school

If you need to get an important message to the school, please email office@goodshepherd.croydon.sch.uk
Alternatively, text the school mobile number **07948 351 132**. Please do not ring this number as it will not be answered.

A prayer for your family

Lord Jesus

You are the light which shines in the darkness.

You are the light which guides our feet.

You are the light which fills us with a warm glow.

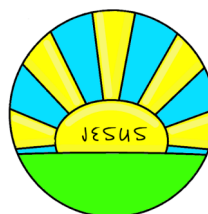
You are the light which brightens up our lives.

You are the light which leads us to safety.

You are the light which will shine forever.

You are the light of the world...

...and we worship you. Amen



Times Tables Rock Stars

Remember to remind your child to practise their times tables while they are not at school!

Have a good week, Mrs Day

Respect

Responsibility

Determination

Positivity

Teamwork